

Amy's Email Epistle – Monday, October 02, 2017

Friends,

My heart breaks, it aches, it cries out, "How much more are we supposed to endure?" "When will it all end?" as I woke to the news of the Las Vegas mass shooting.

I'm angry, I'm frustrated, I'm uncertain, I'm left wondering what I can do. As I reach out to people today I find I am not alone. There is much anger, frustration and sorrow. Perhaps the worst feeling I and maybe you have experienced in this news is the numbness. A friend on facebook posted that she knew the world was really "messed" up when her first reaction to the news was "huh, another one? Where did it happen this time?" I'm scared we will become so used to violence and acts of hate that we adapt and live as if it is normal. How about you?

Social media has been flooded today with people from all walks of life expressing out right anger about people offering prayers. Saying they are tired of hearing about thoughts and prayers. Someone wrote, "Your God doesn't seem to be responding so just stop."

I'm writing today to tell you not to stop. Do not give up. If you do nothing else ...pray. Prayer sends healing energy into the world. It works even when we do not understand. Pray....pray some more....pray for a peace that passes all understanding. Pray for peace. Pray that love prevail. Pray for softening of hearts and opening of minds. Pray for compassion. Pray. Pray without ceasing.

Why?...because prayer is the beginning of action.....

I share Psalm 13 with you. It has been on my heart today.

Psalm 13

Prayer for Deliverance from Enemies

To the leader. A Psalm of David.

- 1 How long, O Lord? Will you forget me forever?
How long will you hide your face from me?
- 2 How long must I bear pain[a] in my soul,
and have sorrow in my heart all day long?
How long shall my enemy be exalted over me?
- 3 Consider and answer me, O Lord my God!
Give light to my eyes, or I will sleep the sleep of death,
- 4 and my enemy will say, "I have prevailed";
my foes will rejoice because I am shaken.
- 5 But I trusted in your steadfast love;
my heart shall rejoice in your salvation.
- 6 I will sing to the Lord,
because he has dealt bountifully with me.